



STARTERS

Cae Mor Soup of the Day
Served with a crusty roll and Welsh butter (VGA)(DFA)

Terrine of the Moment
Red onion marmalade, sourdough toast, mustard emulsion (GFA)

Sourdough Sharing Board
Olives, hummus, balsamic reduction and infused oils (VGA)(GFA)

Beetroot Falafel
Hummus, rocket and roasted beetroot (VGA)(GFA)

Cae Mor Fishcakes
Pea & mint purée, tartare sauce, fresh lemon (GFA)(DFA)

Hoisin Duck Bon Bons
Asian-style slaw, hoisin glaze, spring onion (DFA)

SUNDAY MENU

2 COURSES - £28

3 COURSES - £34

(+£5 supplement for rump)

MAINS

Cae Mor Beer-Battered Fish & Chips £18
Triple-cooked chips, tartare sauce, mushy peas, fresh
lemon (GFA)(DFA)

8oz Rump Steak £26
Triple-cooked chips, roast shallot, grilled tomato, field
mushroom (GFA)(DFA)

Garden Pea, Courgette & Basil Risotto £18
With rocket salad (GF)(VGA)

Seared Fillet of Sea Bass £24
Garden pea, courgette & basil risotto, rocket and Parmesan
salad (GF)

Roast Topside of Beef £20
Roast carrot, stem broccoli, red cabbage, roast potato,
Yorkshire pudding and gravy (GFA)

Breast of Chicken £20
Roast carrot, stem broccoli, red cabbage, roast potato,
Yorkshire pudding and gravy (GFA)

Beetroot Wellington £20
Roast carrot, stem broccoli, red cabbage, roast potato,
Yorkshire pudding and vegetarian gravy (VGA)(V)

DESSERT

Sticky Toffee Pudding
Vanilla ice cream, butterscotch sauce
(GFA)

Lemon Tart
Blueberry gel, blueberry sorbet
(VGA)(GFA)

Dark Chocolate Brownie
Coconut ice cream, dark cherries
(VGA)(GFA)

Cheesecake
Wild berry compote, strawberry
sorbet, white chocolate crumb

Trio of Welsh Cheeses
Biscuits, chutney, grapes, Welsh
butter

Parisella's Ice Cream & Sorbet
Choose from: Vanilla, Coconut (VGA),
Strawberry, Chocolate, Blueberry
Sorbet, Strawberry Sorbet
£3 per scoop

V — Vegetarian
GF — Gluten Free
GFA — Gluten Free Available
VE — Vegan
VGA — Vegan Available
DF — Dairy Free
DFA — Dairy Free Available.

Steaks are weighed raw & not cooked.
Please inform a member of staff
of any allergies prior to placing your order



SUNDAY MENU