



MAIN MENU

SIDES - £5 Each

- Triple-Cooked Chips (GF)(VE)
- Skinny Fries (GF)(VE)
- Mixed Vegetables (GF)(VGA)
- House Salad (GF)(VGA)

DESSERT - £9 Each

- Sticky Toffee Pudding (GF) Toffee sauce, and honeycomb
- Caramel Brownie (VGN)(GF) Served with black cherries
- Welsh Cheddar Cheese With grapes, crackers, chutney, and Welsh butter
- Parisella's Ice Cream Two scoops of your choice: Vanilla, Strawberry or Chocolate
- Cheesecake Wild berry compote, strawberry sorbet, white chocolate crumb
- Lemon Tart Blueberry gel, blueberry sorbet (VGA)(GFA)

STARTERS - £9 Each

- Confit Duck Bon Bons With Asian salad, sweet chilli, hoisin glaze, and spring onions. (DFA)
- House Terrine (GFA) With red onion marmalade, sourdough, rocket, and pickles.
- Cae Mor Soup of the Day (VGA, GFA) With sourdough and Welsh butter.
- Beetroot Falafel (VGA) With roast beets, hummus, olive oil, and pickled baby onions in a balsamic vinegar.
- Sourdough Board (VGA) With hummus, oil, balsamic, olives, and Welsh butter.
- Cae Mor Fish Cakes (GFA, DF) With pea purée, tartare sauce, lemon wedge, and pea shoots.

MAINS

- 8oz Rump Steak (GFA)(DFA) With triple-cooked chips, grilled tomato, roast shallot and field mushroom. £26
- 10oz Ribeye Steak (GFA)(DFA) With triple-cooked chips, grilled tomato, roast shallot and field mushroom. £28
- Add Peppercorn or Diane Sauce £4
- Courgette, Basil & Pea Risotto (GF)(VGA)(V) Served with rocket salad £19
- Southern Fried Chicken Burger With slaw, tomato, little gem lettuce, Cajun mayo, fries, and a toasted bun. £18
- Cae Mor Beer-Battered Fish & Chips (GFA)(DFA) With triple-cooked chips, tartare sauce, mushy peas, and fresh lemon. £18
- Rump of Lamb (GFA) With green beans, crushed potato, braised carrot, and redcurrant jus. £25
- Beef Burger With Cheddar, tomato, little gem lettuce, BBQ sauce, fries, house slaw, and a toasted bun. £18
- Breast of Chicken (GF) With roast carrot, fondant potato, stem broccoli, and tarragon cream sauce. £22
- Vegan Buttermilk Quorn Burger (VE) With vegan cheese, tomato, little gem lettuce, Cajun mayo, fries, slaw, and a toasted bun. £18
- Seared Fillet of Sea Bass (GF)(DFA) With garden peas, courgette and basil risotto, rocket, and Parmesan salad. £25



FOOD MENU